

Hawaii Marine Lifestyles

Subtly situated on the corner of Kainehe and Puniu Streets in Kailua, Kalapawai Café & Bakery has created confections and quelled cravings of locals and travelers alike since opening its doors in December 2006.



FROM SUNRISE TO SUNSET

Lance Cpl. Reece E. Lodder
Combat Correspondent

KAILUA, Hawaii — Finding a local restaurant successfully combining flavorful food with a classy atmosphere, friendly staff, and an affordable yet expansive menu had been a challenging venture. Offering delicious and nutritious food in a comfortable setting, Kalapawai Café & Bakery ended my search.

Subtly situated on the corner of Kainehe and Puniu Streets in Kailua, the small restaurant has created confections and quelled cravings since opening its doors in December 2006. Recently, it won a 2010 Critics' Choice Ilima Award after the Honolulu Star Advertiser newspaper's readership and restaurant critics voted it one of Hawaii's best restaurants.

The building's conservative size and appearance, however, aren't telling of what is offered inside. During the day, the bright, cheery atmosphere draws flocks of hungry locals and travelers alike. By night, the lights are dimmed and the mood transforms to one more classy and romantic.

"From sunrise to sunset, you can always get something good here," said Robin Bolle, a frequent visitor from Kailua. "The food is fresh, healthy and isn't pre-made. The variety has kept us coming back."

Beginning with the breakfast menu, the restaurant provides a healthy start to the day with bagels, sandwiches, wraps and fresh fruit.

Regardless of the time of day, dishes are made with fresh ingredients, much of which are locally grown.

A full-service espresso bar stocked with tasty, locally grown and roasted coffee offers the perfect jolt for those requiring caffeinated motivation. Their cold, blended drinks have a unique, flavorful taste light enough to not feel like a meal.

For lunch, the menu expands to include soups, salads, sandwiches, pizza and bruschetta. Without knowing what it was, I sampled the truffled cannellini bean tapanade bruschetta with fresh arugula and red pepper aioli. The smooth texture, arugula, and combination of flavors were a pleasant surprise for my uneducated taste buds.

While the dinner atmosphere is more formal, it is relaxed enough to

feel comfortable dining in a pair of shorts and a T-shirt. Patios at the front and rear of the restaurant offer an additional, airy setting under covered dining areas, and dinner is available on a first-come, first-served basis.

"When you come here, you can just relax," Bolle said. "The service is great and it's catered to the individual. There's always somebody who's very friendly and ready to help."

Out of each of the meals, dinner was my favorite. The entrée I ordered didn't look like a lot of food, but after my first couple bites, I knew it'd be more than enough. The stuffed chicken breast with parmesan crust, accompanied by fresh pasta and Hauula tomatoes, mozzarella, and Nalo basil, was the most full-flavored, satisfying meal I've had in a long time.

I don't usually spring for dessert, but decided to try the freshly made fruit crisp a la mode. Paired with the delicious entrée, the dessert solidified my next visit.

Along with the food offerings, the restaurant has an array of spirits to accompany meals, from local beers to various glasses and bottles of wine. More important, however, the servers know how to pair the two together, said Akela Locquiao, from Makiki.

She first visited the restaurant for lunch with her fiancé to enjoy a tasty pizza.

After enjoying the meal and learning about the dinner menu, they returned to experience the restaurant's evening atmosphere.

Locquiao said she was surprised and impressed when the server selected the perfect wine for their meals.

"The servers are knowledgeable," Locquiao said. "We didn't need a sommelier [wine steward] to tell us which wines paired with our meals."

Established by Don Dymond, owner of the country neighborhood store Kalapawai Market near Lanikai Beach, and his son Lindsey, the restaurant has become a local favorite and pleasant surprise to travelers passing through Kailua. Though its menu and popularity have grown, the friendly, small-town atmosphere and quality of food remain unchanged.

Kalapawai Café & Bakery is open from 6 a.m. to 9 p.m. Sunday to Thursday, and 7 a.m. to 9:30 p.m. Friday and Saturday. Dinner service begins at 4:30 p.m. on Sunday and 5 p.m. for the rest of the week.



Photos by Lance Cpl. Reece E. Lodder | Hawaii Marine

Kayleen Roberts, a waitress at Kalapawai Café & Bakery in Kailua, helps Kapahulu, Hawaii, native Michelle Frias pay for her meal following lunch at the restaurant. The restaurant, which opened its doors in December 2006, recently won a 2010 Critics' Choice Ilima Award after the Honolulu Star Advertiser's readership and restaurant critics voted it one of Hawaii's best restaurants.



Robin Bolle and Akela Locquiao toast with their wine glasses before enjoying a meal at Kalapawai Café & Bakery in Kailua. "From sunrise to sunset, you can always get something good here," said Bolle, of Kailua. "The food is fresh, healthy and isn't pre-made. The variety has kept us coming back."

PASS

IN

REVIEW



I see ‘RED’

Cpl. Colby W. Brown
Combat Correspondent

The first word that came to my mind when I read the synopsis of the film “Red,” directed by Robert Schwentke, was “generic.”

The run of the mill ex-Central Intelligence Agency agent story with Bruce Willis as the main character really doesn’t offer many cinematic surprises. But this film does offer a break from the needlessly bloody, realistic action films that seem to be trending.

Massive explosions and ridiculous fire fights bring viewers back to the good old days when special effects were used to make movies special and everyone had an endless clip in their weapons.

The casting for “Red” was immaculate. Willis as lead, Morgan Freeman and John Malkovich supporting and Mary-Louise Parker and Helen Mirren as “damsels in distress” builds the cast into an entertaining team to watch.

Willis plays Frank Moses, who is a retired black operations agent who knows too much. The CIA sends a team to kill him and the story takes off from there.

Moses fights and kills his way to find out who ordered the hit and reassembles what is left of his old team.

During this, Moses sweeps Sarah Ross (Parker) off her feet. He takes her on a journey similar to the romance novels she reads, bringing her the adventure she so longs for

in her life.

This movie is great if you are looking for entertainment and of wanting to watch fiction. What it loses in realism, it makes up for in comedy. When viewed with lighter expectations, it won’t disappoint. If you want to see a dramatic, realistic action movie, this flick isn’t the one for you. I found myself laughing more than finding myself at the edge of my seat. And the unrealistic explosions took away any believable sense of a renegade CIA agent on screen.

The characters were very addictive and, although played maybe a bit lazily, kept my attention. Malkovich, who played Marvin Boggs a victim of 10 years worth of experimental LSD testing, was my favorite character. His crazy antics and paranoia of the Internet and satellites made for many laughable stupid comments and situations.

Cheesiness and campy action — although probably done on purpose — make this movie less appealing as an action flick and more of a comedy one. The end result is a good movie that doesn’t take much effort to watch. But it did leave me wondering how great a movie it could have been if the drama was more of the focus.

It’s rated PG-13, so there is language that will be offensive to a younger crowd. The action isn’t dramatic but may be frightening to children.

Your weekly guide to all aspects of entertainment

Welcome to the Pass In Review, your number one source for cinema, music, videogame, book and product reviews. The Pass In Review crew consists of more than 10 critics, each with their own idea of what makes a movie, album, game, product or book great. So be sure to take advantage of the Better Know A Critic section, which spotlights this week’s critics to better help you choose the critic with opinions most like your own. Using our breakthrough four-point scale system you can quickly decipher what is worth your time and what isn’t, or read the full review for an in-depth analysis and explanation of the rating. The rating system uses ammunition and range terminology, so if you’re not familiar, here’s a quick breakdown of the ratings ...

1/4 — No Impact, No Idea
Horrendous. Among the worst of the worst in its genre. Dedicating time to this is not only wasteful, but unforgivable. Avoid at all costs.



2/4 — High And To The Right
Mediocrity at its best. Lacks a few things that might have made it really good. A decent time waster, partake only if you have nothing better to do.



3/4 — On Target
Praiseworthy. A great endeavor, not quite an instant classic but still very entertaining. This is a sound investment of your time.



4/4 — Confirmed Kill
Genius. In the top 10 percent of its genre. This is the stuff legends are made of. Missing out on it would be a disservice to yourself.



So, there you have it and we hope you enjoy our weekly reviews. Don’t forget, The Hawaii Marine accepts submissions from its readers so if you consider yourself a film buff, music aficionado, gaming geek or bookworm feel free to submit your own reviews. Or, if you disagree with a review published and want fellow readers to know the real scoop, send in a condensed review and we’ll run it as a second opinion.

Better Know A Critic



BROWN

Cpl. Colby W. Brown thinks a good movie is one that isn’t just a story but an adventure you can lose yourself in, something that stirs your imagination and then puts it on the screen for you. He likes all different types of genres but his favorite is drama.



CABALO

Christine Cabalo thinks the best way to travel distant lands is through the library. Stories don’t need exotic locations to be interesting, she said, but by the end of a tale readers should feel like they’ve stolen a peak into someone else’s life.



‘Machine of Death’ lives up to its title

Christine Cabalo
Photojournalist

Picking just one good story in the independently published “Machine of Death” anthology is like any of its characters escaping their foretold deaths — impossible.

In it, the “Machine of Death” can accurately predict anyone’s cause of death but not an exact time. The mysterious invention takes a blood sample then spits out pieces of paper with the unavoidable result in capital letters. Answers are vague, sometimes limited to one word like “CANCER.” Others are more elaborate but still equally hazy like “WHILE TRYING TO SAVE ANOTHER.” How people

handle these grim predictions connect the anthology’s stories together.

What started as a punch line from a web comic by Ryan North, turned into 675 short story submissions from Internet fans. Editors North, Matthew Bennardo and David Malki picked their favorites and each penned their own tale.

The book is also an anthology of artwork, including an illustration for each story from more than 30 artists.

To tease readers, every story title is a cause of death. Many are surprising to predict. One result may read “OLD AGE,” but the person could die from getting shot by an elderly man wielding a rifle. Despite being a book featuring a death-predicting machine, most of the stories deal with how people go on with their lives.

For example, in the story “FLAMING MARSHMAL-LOW,” 16-year-old Carolyn is desperate to find out her cause of death.

Once she knows, Carolyn thinks her “life will start” since high school cliques all band together by the result. The “burners” are the cool group. Those listed under “old age” are branded as boring.

In the piece, “DESPAIR,” one doctor battles death, trying to save several patients who’ve mysteriously become sick. The problem is all of the patients are listed with the same cause of death: “TESTS.”

Mentioned in several entries, there are also “No-Knows” or people who refuse to find out their end. It’s these details that add a great realism to the speculative stories.

Like all good anthologies, there are a wide variety of stories. Some entries are serious. Others are funny. Brian Quinlan writes one of the best of the comedy pieces of the book, with a cause of death that’s a great one-liner. Without spoiling it, the story goes from amusing to downright hilarious with Quinlan’s lone sentence accompanying the titular cause of death.

Showing the same spirit of innovation and technological savvy as its stories, the editors also have special previews, insider news and other digital extras at the book’s website.

Born as a collaborative Internet project, “Machine of Death” editors took an extra step to include social media and other means to engage readers as well as its contributors. Initially given the kiss of death by mainstream publishers, the undeniable creativity of its stories ensures the book has life.



“Devil” PG-13
“The American” R
“Takers” PG-13
“The Last Exorcism” PG-13
“Alpha and Omega” PG
“Machete” R
“The American” R

Today | 7:15 p.m.
Today | 9:45 p.m.
Saturday | 7:15 p.m.
Saturday | 9:45 p.m.
Sunday | 2 p.m.
Sunday | 6:30 p.m.
Wednesday | 6:30 p.m.

Prices: All shows are \$3.25 for adults and \$2.25 for children. For ticket pricing, the Base Theater Box Office defines an adult as a patron 12 and older and defines a child as a patron from 6 to 11. Children 5 and younger are admitted free of charge. Parents must purchase tickets for R-rated movies in person at the box office for children 16 and younger. Patrons must present their military identification card when purchasing tickets.
Call 254-7642 for recorded information.

Book club brings fantasy fans together next week

Christine Cabalo
Photojournalist

Readers who love tales of science fiction and fantasy can join together at the Hooked on Phantasy Bookclub.

Fantasy fans will meet up Tuesday at 6 p.m. in the base library's multi-purpose room. The group meets up every two weeks to discuss the genre.

"I think it's the new thing nowadays," said Merrie Han, office automation clerk, Marine Corps Community Services. "There are so many movies [based on books] coming out: 'Twilight,' 'Harry Potter' and 'Legends of the Guardians: The Owls of Ga'Hoole.'"

The group started meeting last September, discussing the "Twilight" series and sharing their opinions. They've also read several other authors, including Charlaine Harris who wrote the "Southern Vampire Mysteries" books that are the basis of the TV series "True Blood."

"It's a way to meet people and to learn about new authors," said Lisa Recklies, one of the first book club members.

Recklies said she's been exposed to more authors and books she never would have considered on her own. Before joining, Recklies said she'd mostly read her favorite writers. Through the club, she's now become a fan of Kim Harrison's supernatural series.

"Some members do read more often, myself included," Han said. "I read more than two or three books a week. So we also talk about new authors we've read or give a book review on any other books we've read in the genre."

The club also publishes a newsletter spotlighting authors and book series being read.

"We're currently reading Christine Feehan's 'Carpathian' novels," Han said. "We're trying to read the first and second one, discussing how different the characters were from the previous books we've read."

They appreciate Feehan's work as well as other books featuring memorable characters and witty writing.

"For me it has to be funny," Han said. "There are a couple of authors that write suspenseful stories. But for me, if the book is hilarious and has a strong female character, I'm for it."



Photos by Christine Cabalo | Hawaii Marine

Lisa Recklies is one of several regular attendees of the Hooked on Phantasy Bookclub, which meets every two weeks at the base library's multi-purpose room. The group discusses and reads books in the fantasy, science fiction, supernatural and horror genres. Their next meeting is Tuesday at 6 p.m.

Recklies said the club has read books that also be classified under horror, mystery or romance. Being exposed to the wide-ranging subjects fantasy books encompass has impressed her.

Since forming last year, the group has kept up steady membership. Even though some have moved away, Han noted she sees six to eight members each meeting.

The size of the group also allows for good discussion for readers of any age. Recklies regularly attend meetings with her 12-year-old daughter, and both have enjoyed reading books together. Whether it's books for readers of any age or specifically adults, Recklies said she appreciates a book with solid writing.

"A really good fantasy book is one that makes you forget it's a fantasy," Recklies said. "You can believe in the world the author has created, and the

characters are three-dimensional."

For more information about the club, call 354-0122 or look for the group's Facebook page. The club meets semimonthly, on Tuesdays at

6 p.m. This month, their meetings are scheduled for Tuesday and Nov. 23. No registration is necessary, and participants are welcome to bring refreshments.



Fans of fantasy books can join up to discuss their favorite books during the Hooked on Phantasy Bookclub meetings. The club has read books by Charlaine Harris, Christine Feehan and other fantasy writers.

TALK*STORY

On Nov. 10, the Marine Corps turns 235. What made you join the long lineage of men and women who choose to serve in the Corps?



"I saw the commercial with the guy climbing the mountain and slaying the dragon with the NCO sword. It just hooked me."
– Cpl. Kelly Sheehan



"To see the world, Asia, Pacific Rim. I always wanted to go."
– Gunnery Sgt. Steve Zeller



"To do something in life. To get away from the regular nine to five business."
– Cpl. Ryan Gazdag

*[tôk stôrei] Hawaiian slang for an informal, lengthy conversation. Often used as a method to bond, or a good way to kill time.

WORD TO PASS

On Base

**Make a Difference Day celebration
at Mokapu Elementary School**
Tomorrow

Mokapu Elementary would like to invite the base community to its annual Make a Difference Day celebration. The event is scheduled from 8 a.m. to 2 p.m. With several projects planned, the school can also use all types of volunteers. The school is also collecting worn flags in need of retirement for our flag retirement ceremony that morning. For more information, call Holly Carver or Jessica Byers at 254-7964 ext. 229.

**36th Annual Oahu Car Clubs Cruise and Car Show
to benefit Toys for Tots**
Nov. 27

The show is scheduled from 11 a.m. to 2 p.m. at the end of the annual Toy Run aboard the base. More than 500 cars participated last year. More than 1,000 toys and cash donations benefitted the Toys for Tots Hawaii collection effort to make the holidays brighter for our less fortunate keiki. The rally point for this year's event will be announced later. For more information on this year's drive, visit <http://kaneohe-bay-hi.toysfortots.org/local-coordinator-sites/lco-sites/default.asp>.

Volunteer in the Community

Feed the homeless through Base Chapel outreach

Program volunteers are needed to help feed the homeless. The Base Chapel is looking for volunteers to serve and prepare hot meals through the Institute of Human Services in Honolulu. Volunteers do not need to be attendees of chapel services. For more information call 257-5138.

**Makahiki at Bellows Beach Park
needs volunteers**

The first Waimanalo Makahiki is scheduled on Saturday, Nov. 20 at Bellows Beach Park. The harvest festival includes ceremonial practices and competition games. Volunteers are needed on Friday and Saturday to assist with setup, breakdown, parking, security, trash, as game referees, and general support. The Hawaiian Civic Clubs, Royal Order of Kamehameha, U.S. Air Force, U.S. Marine Corps, and the local community are providing support to this the event. For more information, contact Sgt. Scott Whittington 257-8838.

Toys for Tots heads into the holidays

Toys for Tots has officially kicked off its 2010 campaign in Oahu and is looking for volunteers. Volunteer opportunities include participating in local events, collecting toys, and assisting in the warehouse. For more information, call Staff Sgt. Arriaga at 257-7147 or 348-4532.

**Special Olympics seeks help
for Holiday Classic**

Volunteers are the backbone of Special Olympics. The Holiday Classic is scheduled

In the Community

Arbor Day in Hawaii
Tomorrow

Hawaiian Electric Company and its partners will give away 3,000 trees and shrubs at six locations across the island: the Waianae HECO Kahe Power Plant, Pearl City Urban Garden Center, Honolulu HECO Ward Avenue facility, Kailua HECO Koolau Base Yard, Wahiawa Botanical Garden, and Waimea Valley. Popular flowering plants are among the diverse varieties that will be given away this year, one per family, while supplies last. Certified arborists and volunteers will be on hand to assist you in selecting the plant best suited to your needs. You will also receive information to help you to properly site, plant, and care for your tree. For more information, <http://www.arbordayhawaii.org>.

**USO Just Jazz Event
benefits Hawaii's military**
Nov. 20

Proceeds from this USO-sponsored event directly support Hawaii's military troops. It will showcase the talent of several contestants, along with special appearances by some famous professional jazz artists. For more information, see <http://affiliates.uso.org/hawaii> or call USO Hawaii at 422-1213.

Dec. 4-5 here and at Joint Base Pearl Harbor-Hickam. If you are interested in volunteering for this event, call Cindy Ujimori at 943-8808, ext. 27.

**Head on the road for
Meals on Wheels**

Lanakila Pacific's Meals on Wheels program always needs volunteers to help deliver food to those who need it. For more information, call Randi Jeung at 356-8532. See <http://www.lanakilapacific.org>.

Seeking scout help

Troop 425 here is always looking for adult volunteers to help with activities and programs. The troop meets at the Youth Activity Center Tuesdays at 7 p.m. For more information, call Adam Gramann at 254-5533, Ty McCarthy at 888-7122, or Bill Tourek at 349-0283.

**Volunteer with the
Children's Alliance of Hawaii**

The Children's Alliance of Hawaii maintains a modest staff. Only with the help of volunteers are we able to touch the lives of so many sexually abused children. If you have the ability to offer your valuable time or the time of your community group, we need volunteers to assist us with our special projects and our fundraising events. Whether it is for a few hours once a week or a few hours once a year we can use your help and ability to work.

Find us on Facebook
@MarineCorpsBaseHawaii

The Boys of Summer



Photos by Kristen Wong | Hawaii Marine

(Left) Lt. Col. Patrick Owens, commanding officer, Headquarters Battalion, receives a check from Quentin Redmon, drug demand reduction program coordinator, Substance Abuse Counseling Center at the commanding officer's weekly meeting Tuesday. The battalion placed first in the big unit division (300 people or more) in the 101 Days of Summer program. (Right) Lt. Col. Jeffrey Pellegrino, commanding officer, Marine Corps Air Station Kaneohe Bay, receives a plaque from Redmon. MCAS won first place in the small unit division (299 people or less). Money won went to unit funds. The 101 Days of Summer program, which usually runs from Memorial Day to Labor Day, has been a tradition here since 2003. Through multiple sports and group activities, service members are encouraged to avoid risk-related behavior such as drug and alcohol abuse. Twenty-two units participated in 19 activities and events this year.

MARINE MAKEPONO

Hawaiian for ‘Marine Bargains’

Car for sale. 1999 Mazda Miata automatic with new brakes and tires. Replaced top last year. Mileage is 89,000. Great beach car. Asking \$5,200. For more information, call 371-1756.

Washer for sale. 2000 Whirlpool Ultimate Care II Heavy Duty, Super Capacity Plus, 8-cycle, 2-speed motor with extra rinse cycle. Good shape. Many years of service left. \$150. For more information, call 744-8061.

Rubbermaid outdoor shed for sale. Front and top opening. Shed measures 3 ft. by 4 ft. by 2 ft. \$35. For more information, call 744-8061.

Rubbermaid walk-in plastic shed for sale. Big enough for lawn mower and bikes. Size is 6 ft. by 5 ft. by 5 ft. \$100. For more information, call 744-8061.

Water cooler for sale. Selling 2008 GE Profile 5-gallon water cooler. Like new. Hot, cold, room temperature dispensers. Mini fridge for bottles/cans. \$100. For more information, call 744-8061.

Bose speakers for sale. Acoustimass entertainment system model. Bass speaker with 4 satellite speakers. Older model, but good sound. \$50. For more information, call 744-8061.

Sport fishing boat for sale. 1993 Wahoo 2300 Sport Fish for \$28,500. Honda BF90 outboards. 150-gal aluminum fuel tank. Furuno 1650 color

GPS/fish finder. Hull refurbished including paint job in 2009. Smartfind EPIRB and Ezloader trailer with LEDkit. Also for sale: penn reels, fish bag and other fishing gear. For more information, call Burke at 757-831-103.

Car bike rack. Saris rear mount bike rack. Three-bike capacity. Used once. \$50. For more information, call 744-8061.

Leather tan couch for sale. Asking \$250 for the couch. The couch is tan, with two ends able to recline. For more information, call 636-4885.

Aquarium for sale. 55-gallon aquarium in excellent condition. Comes with storage stand, cover hood lamps and filter. Small accessories also included. Asking \$150. For more information, call 239-9035.

1998 Dodge van for sale. Works great and problem-free. Also includes several updated features. Price is negotiable and all reasonable offers will be considered. For more information, call (614) 753-7587.

If you would like to sell, buy or trade something in the Marine Makepono section of the Hawaii Marine, please stop by the Marine Corps Base Hawaii Public Affairs Office in Building 216. Please have with you your Military ID and a short write-up of what you'd like to run. You can fill out the form on the spot or return it later. E-mails, faxes and telephone calls are not accepted for Makepono ads. Marine Makepono may only be used by active duty, reserve, retirees or their immediate families.

TRICKS, TREATS AND TERRIFYING TALENTS



Attendees to the Lanikai Elementary School Fun Fair scream their way through a haunted house built by Marine Corps Air Station, Kaneohe Bay. Through an official Adopt-A-School partnership with Lanikai, 15 Marines and sailors spent three afternoons building their haunted house for the 1,500 attending the fun fair. Marines and sailors wore makeup and spooky costumes, working in and around the haunted house Oct. 29 and 30.

Photos by Kristen Wong | Hawaii Marine



Radin Carolino, shift manager, Dairy Queen, presents Maria Zavala, 7, with a free ice cream cone on Sunday. Dairy Queen offered a free ice cream cone to all children in costume on Halloween.



Emcee Torano Harris, research, evaluation and analysis, Base Comptroller, introduces the crowd to competitors at the Manpower, Personnel and Administration Directorate Halloween costume contest Oct. 28. The directorate has come together multiple times throughout the year for team building activities. Directorate director Pete Swainson said through these activities, each office can get to meet colleagues they may not see on a normal basis.